

## Surfaces of constant mean curvature

**Closed surfaces** A *closed surface* in the Euclidean 3-space  $\mathbb{R}^3$  is a  $C^\infty$ -immersion  $f: \Sigma \rightarrow \mathbb{R}^3$  of a compact, connected 2 dimensional manifold  $\Sigma$  into  $\mathbb{R}^3$ . Taking a local coordinate neighborhood  $(U; u, v)$  of  $\Sigma$ ,  $f$  can be identified a parametrized surface  $f(u, v)$  as in the previous section.

Throughout this section, we assume that  $\Sigma$  is *oriented*, that is, an atlas  $\{(U_\alpha; u^\alpha, v^\alpha) \mid \alpha \in A\}$  of  $\Sigma$  satisfying

$$(2.1) \quad \frac{\partial(u^\beta, v^\beta)}{\partial(u^\alpha, v^\alpha)} := \det J_{\alpha\beta} > 0 \quad \text{on } U_\alpha \cap U_\beta$$

for each  $\alpha, \beta \in A$  with  $U_\alpha \cap U_\beta \neq \emptyset$  is specified. Here  $J_{\alpha\beta}$  is the *Jacobian matrix* of the coordinate change  $(u^\alpha, v^\alpha) \mapsto (u^\beta, v^\beta)$

$$(2.2) \quad J_{\alpha\beta} := \begin{pmatrix} \frac{\partial u^\beta}{\partial u^\alpha} & \frac{\partial u^\beta}{\partial v^\alpha} \\ \frac{\partial v^\beta}{\partial u^\alpha} & \frac{\partial v^\beta}{\partial v^\alpha} \end{pmatrix}$$

Fix a coordinate neighborhood  $(U; u, v)$ . Then the immersion  $f: (u, v) \mapsto f(u, v)$  is considered as a vector-valued smooth function on  $U$ , and so are there derivatives  $f_u$  and  $f_v$ . Then the unit normal vector  $\nu$ , the first fundamental form  $ds^2$ , the second fundamental form  $II$ , the area element  $dA$ , the Gaussian curvature  $K$  and the mean curvature  $H$  are defined as in (1.1), (1.2), (1.3) and (1.5) in the previous section. Moreover, one can prove easily that they are independent on choice of local coordinate systems (cf. [2-1] and/or [2-2]).

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**Definition 2.1.** Let  $f: \Sigma \rightarrow \mathbb{R}^3$  be an oriented closed surface. Then the *area*  $\mathcal{A}(f)$  of  $f(\Sigma)$  and the (signed) *volume*  $\mathcal{V}(f)$  of the region bounded by  $f(\Sigma)$  are defined as

$$\mathcal{A}(f) := \int_{\Sigma} dA, \quad \mathcal{V}(f) := \frac{1}{3} \int_{\Sigma} f \cdot \nu dA,$$

where “ $\cdot$ ” denotes the canonical inner product of  $\mathbb{R}^3$ ,  $\nu$  is the unit normal vector as in (1.1), and  $dA$  denotes the area element which is represented by  $dA := |f_u \times f_v| du dv$  on each coordinate neighborhood  $(U; u, v)$ .

**Remark 2.2.** If the surface  $f$  is an embedding, that is, the map  $f$  is injective (in this case), the image  $f(\Sigma)$  bounds a bounded and connected region  $D$  of  $\mathbb{R}^3$ , and the volume of  $D$  coincide with the absolute value of  $\mathcal{V}(f)$ .

Obviously, these two functionals have the following properties:

**Lemma 2.3.** For an immersion  $f \in \mathcal{S}(\Sigma)$  and a positive number  $\lambda > 0$ ,  $\mathcal{A}(\lambda f) = \lambda^2 \mathcal{A}(f)$ , and  $\mathcal{V}(\lambda f) = \lambda^3 \mathcal{V}(f)$  hold.

**Example 2.4** (The round sphere). Let  $R > 0$  be a constant and denote by

$$S^2(R) := \{\mathbf{x} \in \mathbb{R}^3 \mid |\mathbf{x}| = R\} \subset \mathbb{R}^3$$

the sphere in  $\mathbb{R}^3$  of radius  $R$  centered at the origin. Then the inclusion map

$$\iota: S^2(R) \ni \mathbf{x} \mapsto \iota(\mathbf{x}) = \mathbf{x} \in \mathbb{R}^3$$

is an embedding. A map

$$\begin{aligned} \left(-\frac{\pi}{2}, \frac{\pi}{2}\right) \times (-\pi, \pi) \ni (u, v) \\ \longmapsto (R \cos u \cos v, R \cos u \sin v, R \sin u) \in S^2(R) \end{aligned}$$

gives a local coordinate system of  $S^2(R)$ , and we have

$$dA = R^2 \cos u \, du \, dv, \quad \nu = -(\cos u \cos v, \cos u \sin v, \sin u).$$

Since this coordinate neighborhood covers an open dense subset of  $S^2(R)$ , “integration over  $S^2(R)$ ” is replaced by “integration over  $[-\frac{\pi}{2}, \frac{\pi}{2}] \times [-\pi, \pi]$ ”:

$$\begin{aligned} \mathcal{A}(\iota) &= \int_{-\pi/2}^{\pi/2} du \int_{-\pi}^{\pi} dv R^2 \cos u \\ &= 2\pi R^2 \int_{-\pi/2}^{\pi/2} \cos u \, du = 4\pi R^2, \\ \mathcal{V}(\iota) &= \frac{1}{3} \int_{-\pi/2}^{\pi/2} \int_{-\pi}^{\pi} R^3 \cos u \, du \, dv = -\frac{4}{3}\pi R^3. \end{aligned}$$

The Gaussian and the mean curvature are computed as

$$K = \frac{1}{R^2} \quad \text{and} \quad H = \frac{1}{R},$$

respectively, which are constant on the surface. We call  $S_R^2$  the *round sphere* of radius  $R$ .

**Area minimizing surfaces with a volume constraint.** Let  $\Sigma$  be a compact, connected and oriented 2-manifold and consider

$$(2.3) \quad \mathcal{S}(\Sigma) = \{f: \Sigma \rightarrow \mathbb{R}^3 \mid f \text{ is an immersion}\}.$$

In addition, for a fixed positive constant  $V_0$ , we set

$$(2.4) \quad \mathcal{S}(\Sigma, V_0) := \{f \in \mathcal{S}(\Sigma) \mid \mathcal{V}(f) = V_0\},$$

that is,  $\mathcal{S}(\Sigma, V_0)$  is the set of immersions of  $\Sigma$  into  $\mathbb{R}^3$  bounding given volume  $V_0$ .

In this section, we shall prove

**Theorem 2.5.** *If  $f_0 \in \mathcal{S}(\Sigma, V_0)$  minimizes the area in  $\mathcal{S}(\Sigma, V_0)$ , the mean curvature of  $f_0$  is non-zero constant.*

Theorem 2.5 and Example 2.4 give rise to the following question, known as Heinz-Hopf’s problem:

**Question 2.6.** *Are there a closed surface of constant mean curvature which is not congruent to the round sphere?*

**Variation formula for the area and the volume** Similar to the previous section, we define variations of  $f \in \mathcal{S}(\Sigma)$ :

**Definition 2.7.** A *variation* of an immersion  $f: \Sigma \rightarrow \mathbb{R}^3$  is a  $C^\infty$ -map  $F: (-\varepsilon, \varepsilon) \times \Sigma \rightarrow \mathbb{R}^3$  satisfying

- $f^t := F(t, *) : \Sigma \rightarrow \mathbb{R}^3$  is an immersion for each  $t \in (-\varepsilon, \varepsilon)$ ,
- $f^0 = F(0, *)$  coincides with  $f$ .

The variational vector field  $V$  of a variation  $F = \{f^t\}$  is a vector-valued function  $V$  on  $\Sigma$  defined by

$$V(p) := \left. \frac{\partial}{\partial t} \right|_{t=0} F(t, p) \quad (p \in \Sigma).$$

Similar to variational formula in Section 1, we have

**Theorem 2.8.** *Let  $\{f^t\}$  be a variation of an immersion  $f: \Sigma \rightarrow \mathbb{R}^3$ . Then*

$$\left. \frac{d}{dt} \right|_{t=0} \mathcal{A}(f^t) = -2 \int_{\Sigma} H \varphi dA, \quad \left. \frac{d}{dt} \right|_{t=0} \mathcal{V}(f^t) = \int_{\Sigma} \varphi dA,$$

hold, where  $\varphi := V \cdot \nu$ ,  $V$  is the variational vector field of  $\{f^t\}$  and  $\nu$  is the unit normal vector field of  $f$ .

*Proof.* Since almost all part of the computation in the previous section are coordinate-independent, we can show the result in a similar way to them.

Here, we shall prove the formula for the volume functional. Let  $(U; u, v)$  be a local coordinate system. Then it holds that

$$\begin{aligned} \Phi &:= f^t \cdot \nu^t |f_u^t \times f_v^t| = f^t \cdot \frac{f_u^t \times f_v^t}{|f_u^t \times f_v^t|} |f_u^t \times f_v^t| \\ &= \det(f^t, f_u^t, f_v^t) \end{aligned}$$

Differentiating this in  $t$ , we have

$$\begin{aligned} \left. \frac{\partial}{\partial t} \right|_{t=0} \Phi &= \det(\dot{f}^t, f_u, f_v) + \det(f, \dot{f}_u^t, f_v) + \det(f, f_u, \dot{f}_v^t) \\ &= \det(V, f_u, f_v) + \det(f, V_u, f_v) + \det(f, f_u, V_v), \end{aligned}$$

where  $\dot{*} = (\partial/\partial t)|_{t=0}$ . Here, since

$$\begin{aligned} \det(V, f_u, f_v) &= V \cdot (f_u \times f_v) = (V \cdot \nu) |f_u \times f_v|, \\ \det(f, V_u, f_v) &= (\det(f, V, f_v))_u - \det(f, V, f_{uv}) - \det(f_u, V, f_v) \\ &= (\det(f, V, f_v))_u - \det(f, V, f_{uv}) + \det(V, f_u, f_v) \\ \det(f, f_u, V_v) &= (\det(f, f_u, V))_v - \det(f, f_{uv}, V) - \det(f_v, f_u, V) \\ &= (\det(f, f_u, V))_v - \det(f, f_{uv}, V) + \det(V, f_u, f_v), \end{aligned}$$

it holds that

$$\begin{aligned} \left( \left. \frac{\partial}{\partial t} \right|_{t=0} \Phi \right) du \wedge dv &= 3(V \cdot \nu) |f_u \times f_v| du \wedge dv \\ &\quad + \left( (\det(f, V, f_v))_u + (\det(f, f_u, V))_v \right) du \wedge dv. \end{aligned}$$

Here, setting

$$\alpha := \det(f, V, f_u) du + \det(f, V, f_v) dv = \det(f, V, df),$$

we have the coordinate-independent expression

$$\left( \left. \frac{\partial}{\partial t} \right|_{t=0} \Phi \right) du \wedge dv = 3(V \cdot \nu) dA + d\alpha,$$

and then,

$$\begin{aligned} \left. \frac{d}{dt} \right|_{t=0} \mathcal{V}(f^t) &= \frac{1}{3} \int_{\Sigma} \left( \left. \frac{\partial}{\partial t} \right|_{t=0} \Phi \right) du \wedge dv \\ &= \int_{\Sigma} (V \cdot \nu) dA + \frac{1}{3} d\alpha = \int_{\Sigma} (V \cdot \nu) dA, \end{aligned}$$

proving the formula.  $\square$

**Proof of Theorem 2.5.** Let  $f_0 \in \mathcal{S}(\Sigma, V_0)$  be an immersion minimizing area in  $\mathcal{S}(\Sigma, V_0)$ . Then it holds that

$$(2.5) \quad \left. \frac{d}{dt} \right|_{t=0} \mathcal{A}(f^t) = 0 \quad \text{for any volume preserving variation } \{f^t\}.$$

Here, a variation  $\{f^t\}$  of  $f_0$  is said to be *volume preserving* if  $\mathcal{V}(f^t) = \mathcal{V}(f_0)$  for all  $t$ .

Let  $\{f^t\}$  be a (not necessarily volume preserving) variation of  $f_0$ . Then, by Lemma 2.3,  $\{\tilde{f}^t\}$  defined by

$$\tilde{f}^t := \frac{\mathcal{V}(f^t)^{-1/3}}{\mathcal{V}(f_0)^{1/3}} f^t$$

is volume preserving variation, and the map  $\{f^t\} \mapsto \{\tilde{f}^t\}$  is a surjection to the set of volume preserving variations. That is, (2.5) is equivalent to

$$(2.6) \quad \left. \frac{d}{dt} \right|_{t=0} \mathcal{A} \left( \frac{\mathcal{V}(f^t)^{-1/3}}{\mathcal{V}(f_0)^{-1/3}} f^t \right) = 0 \quad \text{for any variation } \{f^t\}.$$

Here, by Theorem 2.8,

$$\begin{aligned} \left. \frac{d}{dt} \right|_{t=0} \mathcal{A}(\mathcal{V}(f^t)^{-1/3} f^t) &= \left. \frac{d}{dt} \right|_{t=0} \mathcal{V}(f^t)^{-2/3} \mathcal{A}(f^t) \\ &= -\frac{2}{3} \dot{\mathcal{V}}(f^t) \mathcal{V}(f_0)^{-5/3} \mathcal{A}(f_0) + \mathcal{V}(f_0)^{-2/3} \dot{\mathcal{A}}(f^t) \\ &= \mathcal{V}(f_0)^{-2/3} \left( -\frac{2}{3} \frac{\mathcal{A}(f_0)}{\mathcal{V}(f_0)} \dot{\mathcal{V}}(f^t) + \dot{\mathcal{A}}(f^t) \right) \\ &= \mathcal{V}(f_0)^{-2/3} \left( \int_{\Sigma} \left( -\frac{2}{3} \frac{\mathcal{A}(f_0)}{\mathcal{V}(f_0)} - 2H \right) \varphi dA \right), \end{aligned}$$

where  $\dot{*} = (d/dt)|_{t=0}$  and  $\varphi = V \cdot \nu$ . Then by Lemma 1.7,

$$-\frac{2}{3} \frac{\mathcal{A}(f_0)}{\mathcal{V}(f_0)} - 2H = 0,$$

holds, and then  $H$  is constant.

## References

- [2-1] 梅原雅顕, 山田光太郎, 曲線と曲面 (改訂版), 裳華房, 2014.
- [2-2] Masaaki Umehara and Kotaro Yamada, Differential Geometry of Curves and Surfaces, (transl. by Wayne Rossman), World Scientific, 2017.

## Exercises

**2-1<sup>H</sup>** Let  $\mathcal{C} := \{\gamma: S^1 \rightarrow \mathbb{R}^2 \mid \gamma' \neq \mathbf{0}\}$  be the set of regular closed curves on  $\mathbb{R}^2$ .

- (1) Define the area  $\mathcal{A}(\gamma)$  of the region bounded by  $\gamma$ .
- (2) Let  $\mathcal{C}(a)$  be the set of curves  $\gamma$  with  $\mathcal{A}(\gamma) = a$ . Show that if a curve  $\gamma_0 \in \mathcal{C}(a)$  minimizes the length in  $\mathcal{C}(a)$ , the curvature of  $\gamma_0$  is constant.

Hint: A curve  $\gamma \in \mathcal{C}(a)$  can be parametrized  $\gamma(t) = {}^t(x(t), y(t))$  as a  $2\pi$ -periodic function. The length  $\mathcal{L}(\gamma)$  and the curvature function  $\kappa$  of  $\gamma$  are defined as

$$\mathcal{L}(\gamma) := \int_0^{2\pi} |\dot{\gamma}(t)| dt, \quad \kappa(t) := \frac{\det(\dot{\gamma}(t), \ddot{\gamma}(t))}{|\dot{\gamma}(t)|^3}$$

where  $\dot{\phantom{x}} = d/dt$ .