1 Area minimizing surfaces

1.1 A review of surface theory.

Let $D \subset \mathbb{R}^2$ be a domain in the *uv*-plane and $f: D \to \mathbb{R}^3$ an immersion. We often refer to such an immersion as a *surface*. Then the *unit normal vector* of f is given by (with \pm -ambiguity)

(1.1)
$$\nu := \frac{f_u \times f_v}{|f_u \times f_v|} \colon D \longrightarrow S^2 = \{ \boldsymbol{x} \in \mathbb{R}^3 \, | \, |\boldsymbol{x}| = 1 \} \subset \mathbb{R}^3,$$

where "×" denotes the vector product of \mathbb{R}^3 . The *first* and the *second fundamental forms* are defined as

(1.2)
$$ds^{2} = df \cdot df = E \, du^{2} + 2F \, du \, dv + G \, dv^{2},$$
$$H = -df \cdot d\nu = L \, du^{2} + 2M \, du \, dv + N \, dv^{2},$$

where "." denotes the canonical inner product of \mathbb{R}^3 . Here,

$$\begin{split} E &:= f_u \cdot f_u, \qquad F := f_u \cdot f_v = f_v \cdot f_u, \qquad G := f_v \cdot f_v, \\ L &:= -f_u \cdot \nu_u, \quad M := -f_u \cdot \nu_v = -f_v \cdot \nu_u, \quad N := -f_v \cdot \nu_v \\ &= f_{uu} \cdot \nu, \qquad = f_{uv} \cdot \nu, \qquad = f_{vv} \cdot \nu \end{split}$$

are called the *entries of the first and the second fundamental* forms with respect to the parameters (u, v). The area of the image of a compact region $\Omega \subset D$ is computed as

(1.3)
$$\mathcal{A}(\Omega) := \iint_{\Omega} dA = \iint_{\Omega} |f_u \times f_v| \, du \, dv,$$

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where $dA = |f_u \times f_v| du dv = \sqrt{EG - F^2} du dv$ is said to be the *area element* of the surface.

The derivatives of ν is written as (the Weingarten Formula)

(1.4)
$$\nu_u = -A_1^1 f_u - A_1^2 f_v, \qquad \nu_v = -A_2^1 f_u - A_2^2 f_v,$$

$$A := \begin{pmatrix} A_1^1 & A_2^1 \\ A_1^2 & A_2^2 \end{pmatrix} = \begin{pmatrix} E & F \\ F & G \end{pmatrix}^{-1} \begin{pmatrix} L & M \\ M & N \end{pmatrix}$$

The matrix A is called the Weingarten matrix, and the determinant K and the half H of the trace of A are called the Gaussian curvature and the mean curvature, respectively:

(1.5)
$$K := \det A = \frac{LN - M^2}{EG - F^2}, \qquad H := \frac{1}{2} \operatorname{tr} A = \frac{A_1^1 + A_2^2}{2}.$$

1.2 Area minimizing surfaces.

The purpose of this section is to show the following fact:

For a given simple closed curve C in \mathbb{R}^3 , the surface which minimizing area among all surfaces bounded by C is a surface whose mean curvature vanishes identically.

Setting up. As the description of the above fact is rather intuituive, we will formulate the problem.

Let C be a simple closed smooth curve in \mathbb{R}^3 and set

(1.6)
$$\mathcal{S}_C := \left\{ f \colon \overline{D} \to \mathbb{R}^3; \begin{array}{l} f \text{ is a } C^{\infty} \text{-immersion} \\ f(\partial D) = C \end{array} \right\},$$

where D (resp. \overline{D}) is the open (resp. closed) unit disc and ∂D is its boundary:¹

(1.7)
$$\overline{D} := D \cup \partial D,$$
 $D := \{(u, v) \in \mathbb{R}^2 ; u^2 + v^2 < 1\},$
 $\partial D := \{(u, v) \in \mathbb{R}^2 ; u^2 + v^2 = 1\}$
 $= \{(\cos \theta, \sin \theta) ; \theta \in \mathbb{R}\}.$

Roughly speaking, S_C is "the set of the surfaces bounded by C". Then we set the *area functional* as

(1.8)
$$\mathcal{A}: \mathcal{S}_C \ni f \longmapsto \mathcal{A}(f) = \iint_{\overline{D}} |f_u \times f_v| \, du \, dv$$

Using these notations, our result can be stated as the following:

Theorem 1.1. If a surface $f \in S_C$ attains the minimum of the area functional A, the mean curvature of f vanishes identically.

Taking this fact into account, we define

Definition 1.2. A surface whose mean curvature vanishes identically is said to be *minimal*.

Remark 1.3. As Theorem 1.1 is a necessary condition for the minimizer, a minimal surface is not necessarily a minimizer of the area functional.

Variations of surfaces. To show Theorem 1.1, we want to "differentiate" the functional \mathcal{A} .

Definition 1.4. For a surface $f \in S_C$, a variation (fixing the boundary) of f is a C^{∞} -map

$$\mathcal{F} \colon \overline{D} \times (-\varepsilon, \varepsilon) \ni (u, v; t) \longmapsto f^t(u, v) := \mathcal{F}(u, v; t) \in \mathbb{R}^3$$

such that $f^0 = f$ and $f^t \in S_C$ for each $t \in (-\varepsilon, \varepsilon)$, where ε is a positive number. The vector-valued function

(1.9)
$$V(u,v) := \left. \frac{\partial}{\partial t} \right|_{t=0} f^t(u,v)$$

is called the *variational vector field* of the variation \mathcal{F} .

Lemma 1.5. For a variation $\mathcal{F} = \{f^t\}$ of $f \in S_c$ with variational vector field V, it holds that

$$\frac{d}{d\theta}f(\cos\theta,\sin\theta) \times V(\cos\theta,\sin\theta) = \mathbf{0}.$$

Proof. Since $(\cos \theta, \sin \theta)$ is a parametrization of ∂D , $\gamma^t(\theta) := f^t(\cos \theta, \sin \theta) \in C$ for all t and θ . Thus, two vectors in the left-hand side of the first assertion are both tangent to C, proving the lemma.

The first variation formula.

Theorem 1.6. Let $\mathcal{F} = \{f^t\}$ be a variation of $f \in \mathcal{S}_C$ with variational vector field V. Then it holds that

(1.10)
$$\frac{d}{dt}\Big|_{t=0} \mathcal{A}(f^t) = -2 \iint_{\overline{D}} H(V \cdot \nu) \, dA,$$

¹A map f defined on \overline{D} is said to be C^{∞} if there exists a open set \widetilde{D} containing \overline{D} and a C^{∞} map \tilde{f} defined on \widetilde{D} such that $\tilde{f}|_{\overline{D}} = f$.

where H, ν and dA are the mean curvature, the unit normal vector and the area element of f, respectively.

Proof. By the definition of the area (1.3), we have

$$(*) := \frac{d}{dt}\Big|_{t=0} \mathcal{A}(f^{t}) = \frac{d}{dt}\Big|_{t=0} \iint_{\overline{D}} |f_{u}^{t} \times f_{v}^{t}| \, du \, dv$$
$$= \iint_{\overline{D}} \frac{\partial}{\partial t}\Big|_{t=0} |f_{u}^{t} \times f_{v}^{t}| \, du \, dv$$
$$= \iint_{\overline{D}} \frac{(V_{u} \times f_{v} + f_{u} \times V_{v}) \cdot (f_{u} \times f_{v})}{|f_{u} \times f_{v}|} \, du \, dv$$
$$= \iint_{\overline{D}} (V_{u} \times f_{v} + f_{u} \times V_{v}) \cdot \nu \, du \, dv$$
$$= \iint_{\overline{D}} ((V_{u} \times f_{v}) \cdot \nu + (f_{u} \times V_{v}) \cdot \nu) \, du \, dv.$$

Here, by the formula of scalar triple product

$$(\boldsymbol{a} \times \boldsymbol{b}) \cdot \boldsymbol{c} = (\boldsymbol{b} \times \boldsymbol{c}) \cdot \boldsymbol{a} = (\boldsymbol{c} \times \boldsymbol{a}) \cdot \boldsymbol{b} = \det(\boldsymbol{a}, \boldsymbol{b}, \boldsymbol{c}),$$

we have

$$(*) = \iint_{\overline{D}} \left(\left(\nu \times f_{v} \right) \cdot V_{u} + \left(f_{u} \times \nu \right) \cdot V_{v} \right) \, du \, dv$$

$$= (\mathrm{II}) - (\mathrm{I}),$$

$$(\mathrm{I}) := \iint_{\overline{D}} \left[\left(\left(\nu \times f_{v} \right) \cdot V \right)_{u} + \left(\left(f_{u} \times \nu \right) \cdot V \right)_{v} \right] \, du \, dv,$$

$$(\mathrm{II}) := \iint_{\overline{D}} \left[\left(\left(\nu \times f_{v} \right)_{u} \cdot V \right) + \left(f_{u} \times \nu \right)_{v} \cdot V \right) \right] \, du \, dv.$$

By the Green-Stokes formula, (I) is computed as

$$\begin{aligned} (\mathbf{I}) &= \iint_{\overline{D}} \left[\left(\left(\nu \times f_v \right) \cdot V \right)_u - \left(\left(\nu \times f_u \right) \cdot V \right)_v \right] \, du \, dv, \\ &= \int_{\partial D} \nu \cdot \left(\left(f_u \, du + f_v \, dv \right) \times V \right) \\ &= \int_{-\pi}^{\pi} \nu \cdot \left(\frac{d}{d\theta} f(\cos \theta, \sin \theta) \times V(\cos \theta, \sin \theta) \right) d\theta = 0. \end{aligned}$$

Here, the last assertion is obtained by Lemma 1.5. On the other hand, using the Weingarten formula (1.4), (II) is computed as

$$\begin{aligned} \text{(II)} &:= \iint_{\overline{D}} \left[\left(\nu_u \times f_v \right) \cdot V + \left(\nu \times f_{vu} \right) \cdot V \\ &+ \left(f_{uv} \times \nu \right) \cdot V + \left(f_u \times \nu_v \right) \cdot V \right] \, du \, dv \\ &= \iint_{\overline{D}} \left[\left(\nu_u \times f_v \right) \cdot V + \left(f_u \times \nu_v \right) \cdot V \right] \, du \, dv \\ &= -\iint_{\overline{D}} \left[\left((A_1^1 f_u + A_1^2 f_v) \times f_v \right) \cdot V \\ &+ \left(f_u \times (A_2^1 f_u + A_2^2 f_v) \right) \cdot V \right] \, du \, dv \\ &= -\iint_{\overline{D}} (A_1^1 + A_2^2) (f_u \times f_v) \cdot V \, du \, dv \\ &= -\iint_{\overline{D}} 2H(\nu \cdot V) | f_u \times f_v | \, du \, dv \end{aligned} \qquad \Box$$

Proof of Theorem 1.1. We need the following "the fundamental lemma for calculus of variations".

Lemma 1.7. Assume a smooth function $h: \overline{D} \to \mathbb{R}$ satisfies

$$\iint_{\overline{D}} h(u,v)\varphi(u,v)\,du\,dv = 0$$

for all C^{∞} -function with $\varphi|_{\partial D} = 0$. Then h = 0 on D.

Proof. Assume $h(u_0, v_0) > 0$ (resp. < 0) $((u_0, v_0) \in D)$. By a continuity, there exists $\varepsilon > 0$ such that h(u, v) > - on an ε -ball $B := B_{\varepsilon}(u_0, v_0)$ centered at (u_0, v_0) . Let φ be a non-negative C^{∞} -function on \overline{D} such that $\varphi > 0$ on B and 0 on $\overline{D} \setminus B$. Then

$$\iint_{\overline{D}} h\varphi \, du \, dv = \iint_{B} h\varphi \, du \, dv > 0 \qquad (\text{resp.} < 0),$$

a contradiction.

Proof of Theorem 1.6. Assume $f \in S_C$ minimizes the area. Then for any variation $\mathcal{F} = \{f^t\}$ of f, $\mathcal{A}(f^t)$ is not less than $\mathcal{A}(f) = \mathcal{A}(f^0)$. Then by Theorem 1.6, it holds that

$$0 = \left. \frac{d}{dt} \right|_{t=0} \mathcal{A}(f^t) = -2 \int_{\overline{D}} H(V \cdot \nu) |f_u \times f_v| \, du \, dv.$$

Let φ be a C^{∞} -function on \overline{D} with $\varphi|_{\partial D} = 0$. Then $f^t := f + t\varphi\nu$ is a variation of f with variational vector field $V = \varphi\nu$. Thus,

$$\iint H|f_u \times f_v|\varphi = 0.$$

Since φ is arbitrary, Lemma 1.7 yields the conclusion.

Exercises

1-1^H Define a functional $\mathcal{V}: \mathcal{S}_C \to \mathbb{R}$ defined on \mathcal{S}_C as in (1.6) as

$$\mathcal{V}(f) := \frac{1}{3} \iint_{\overline{D}} (f \cdot \nu) | f_u \times f_v | \, du \, dv \qquad (f \in \mathcal{S}_C).$$

Then

(1) Explain a geometric meaning of $\mathcal{V}(f)$.

(2) Compute
$$\left. \frac{d}{dt} \right|_{t=0} \mathcal{V}(f^t)$$
 for a variation $\{f^t\}$ of $f \in \mathcal{S}_C$.