2.
$$\langle f'(\boldsymbol{x}) - f'(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle \leq \frac{1}{\mu} \|f'(\boldsymbol{x}) - f'(\boldsymbol{y})\|_2^2, \ \forall \boldsymbol{x}, \boldsymbol{y} \in \mathbb{R}^n.$$

Let us fix $\boldsymbol{x} \in \mathbb{R}^n$, and define the function $\phi(\boldsymbol{y}) = f(\boldsymbol{y}) - \langle f'(\boldsymbol{x}), \boldsymbol{y} \rangle$. Clearly, $\phi \in \mathcal{S}^1_{\mu}(\mathbb{R}^n)$. Also, one minimal solution is \boldsymbol{x} . Therefore,

$$egin{array}{lll} \phi(oldsymbol{x}) &=& \min_{oldsymbol{v} \in \mathbb{R}^n} \phi(oldsymbol{v}) \geq \min_{oldsymbol{v} \in \mathbb{R}^n} \left[\phi(oldsymbol{y}) + \langle \phi'(oldsymbol{y}), oldsymbol{v} - oldsymbol{y}
angle + rac{\mu}{2} \|oldsymbol{v} - oldsymbol{y}\|_2^2
ight] \ &=& \phi(oldsymbol{y}) - rac{1}{2\mu} \|\phi'(oldsymbol{y})\|_2^2 \end{array}$$

as wished. Adding two copies of the 1 with x and y interchanged, we get 2.

The converse of Theorem 6.18 is not valid. For instance, consider $f(x_1, x_2) = x_1^2 - x_2^2$, $\mu = 1$. Then the inequalities 1. and 2. are satisfied but $f \notin \mathcal{S}^1_{\mu}(\mathbb{R}^2)$ for any $\mu > 0$.

Theorem 6.19 Let f be a twice continuously differentiable function. Then $f \in \mathcal{S}^2_{\mu}(\mathbb{R}^n)$ if and only

$$f''(\boldsymbol{x}) \succeq \mu \boldsymbol{I}, \quad \forall \boldsymbol{x} \in \mathbb{R}^n.$$

Proof:

Left for exercise.

Corollary 6.20 Let f be a twice continuously differentiable function. Then $f \in \mathcal{S}^{2,1}_{\mu,L}(\mathbb{R}^n)$ if and only if

$$L\mathbf{I} \succeq f''(\mathbf{x}) \succeq \mu \mathbf{I}, \quad \forall \mathbf{x} \in \mathbb{R}^n.$$

Theorem 6.21 If $f \in \mathcal{S}_{u,L}^{1,1}(\mathbb{R}^n)$, then

$$\frac{\mu L}{\mu + L} \|\boldsymbol{x} - \boldsymbol{y}\|_2^2 + \frac{1}{\mu + L} \|f'(\boldsymbol{x}) - f'(\boldsymbol{y})\|_2^2 \le \langle f'(\boldsymbol{x}) - f'(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle, \ \forall \boldsymbol{x}, \boldsymbol{y} \in \mathbb{R}^n.$$

Proof:

If $\mu = L$, from Theorem 6.17 and the definition of $\mathcal{F}^1_{\mu}(\mathbb{R}^n)$

$$\langle f'(\boldsymbol{x}) - f'(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle \geq \frac{\mu}{2} \|\boldsymbol{x} - \boldsymbol{y}\|_{2}^{2} + \frac{\mu}{2} \|\boldsymbol{x} - \boldsymbol{y}\|_{2}^{2}$$

 $\geq \frac{\mu}{2} \|\boldsymbol{x} - \boldsymbol{y}\|_{2}^{2} + \frac{1}{2\mu} \|f'(\boldsymbol{x}) - f'(\boldsymbol{y})\|_{2}^{2},$

and the result follows.

If $\mu < L$, let us define $\phi(\mathbf{x}) = f(\mathbf{x}) - \frac{\mu}{2} ||\mathbf{x}||_2^2$. Then $\phi'(\mathbf{x}) = f'(\mathbf{x}) - \mu \mathbf{x}$ and $\langle \phi'(\mathbf{x}) - \phi'(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle = f'(\mathbf{x}) - \mu \mathbf{x}$ $\langle f'(\boldsymbol{x}) - f'(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle - \mu \|\boldsymbol{x} - \boldsymbol{y}\|_2^2 \leq (L - \mu) \|\boldsymbol{x} - \boldsymbol{y}\|_2^2 \text{ since } f \in \mathcal{F}_L^{1,1}(\mathbb{R}^n). \text{ Also } \langle \phi'(\boldsymbol{x}) - \phi'(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle \geq \mu \|\boldsymbol{x} - \boldsymbol{y}\|_2^2 - \mu \|\boldsymbol{x} - \boldsymbol{y}\|_2^2 = 0 \text{ due to Theorem 6.17. Therefore, from Theorem 6.13, } \phi \in \mathcal{F}_{L-\mu}^{1,1}(\mathbb{R}^n).$ We have now $\langle \phi'(\boldsymbol{x}) - \phi'(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle \geq \frac{1}{L-\mu} \|\phi'(\boldsymbol{x}) - \phi'(\boldsymbol{y})\|_2^2 \text{ from Theorem 6.13. Therefore}$

$$\langle f'(\boldsymbol{x}) - f'(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle \geq \mu \|\boldsymbol{x} - \boldsymbol{y}\|_{2}^{2} + \frac{1}{L - \mu} \|f'(\boldsymbol{x}) - f'(\boldsymbol{y}) - \mu(\boldsymbol{x} - \boldsymbol{y})\|_{2}^{2}$$

$$= \mu \|\boldsymbol{x} - \boldsymbol{y}\|_{2}^{2} + \frac{1}{L - \mu} \|f'(\boldsymbol{x}) - f'(\boldsymbol{y})\|_{2}^{2} - \frac{2\mu}{L - \mu} \langle f'(\boldsymbol{x}) - f'(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle$$

$$+ \frac{\mu^{2}}{L - \mu} \|\boldsymbol{x} - \boldsymbol{y}\|_{2}^{2},$$

and the result follows after some simplifications.

6.5 Exercises

- 1. Prove Theorem 6.3.
- 2. Prove Theorem 6.7.
- 3. Prove Lemma 6.8.
- 4. Prove Theorem 6.10.
- 5. Prove Corollary 6.16.
- 6. Prove Theorem 6.17.
- 7. Prove Theorem 6.19.

7 Worse Case Analysis for Gradient Based Methods

7.1 Lower Complexity Bound for the class $\mathcal{F}_L^{\infty,1}(\mathbb{R}^n)$

Gradient Based Method: Iterative method \mathcal{M} generated by a sequence such that

$$x_k \in x_0 + \text{Lin}\{f'(x_0), f'(x_1), \dots, f'(x_{k-1})\}, k \ge 1.$$

Consider the problem class as follows

Model:	$\min_{oldsymbol{x} \in \mathbb{R}^n} f(oldsymbol{x})$
	$f\in \mathcal{F}^{1,1}_L(\mathbb{R}^n)$
Oracle:	Only function and gradient values are available
Approximate solution:	Find $\bar{x} \in \mathbb{R}^n$ such that $f(\bar{x}) - f(x^*) < \varepsilon$

Theorem 7.1 For any $1 \le k \le \frac{n-1}{2}$, and any $x_0 \in \mathbb{R}^n$, there exists a function $f \in \mathcal{F}_L^{\infty,1}(\mathbb{R}^n)$ such that for any gradient based method of type \mathcal{M} , we have

$$f(\boldsymbol{x}_k) - f^* \geq \frac{3L\|\boldsymbol{x}_0 - \boldsymbol{x}^*\|_2^2}{32(k+1)^2},$$

 $\|\boldsymbol{x}_k - \boldsymbol{x}^*\|_2^2 \geq \frac{1}{8}\|\boldsymbol{x}_0 - \boldsymbol{x}^*\|_2^2,$

where x^* is the minimum of f(x) and $f^* := f(x^*)$.

Proof:

This type of methods are invariant with respect to a simultaneous shift of all objects in the space of variables. Therefore, we can assume that $x_0 = 0$.

Consider the family of quadratic functions

$$f_k(m{x}) = rac{L}{4} \left\{ rac{1}{2} \left[[m{x}]_1^2 + \sum_{i=1}^{k-1} ([m{x}]_i - [m{x}]_{i+1})^2 + [m{x}]_k^2
ight] - [m{x}]_1
ight\}, \quad k = 1, 2, \dots, \left\lfloor rac{n-1}{2}
ight
floor.$$

We can see that

for
$$k = 1$$
, $f_1(\mathbf{x}) = \frac{L}{4}([\mathbf{x}]_1^2 - [\mathbf{x}]_1)$,
for $k = 2$, $f_2(\mathbf{x}) = \frac{L}{4}([\mathbf{x}]_1^2 + [\mathbf{x}]_2^2 - [\mathbf{x}]_1[\mathbf{x}]_2 - [\mathbf{x}]_1)$,
for $k = 3$, $f_3(\mathbf{x}) = \frac{L}{4}([\mathbf{x}]_1^2 + [\mathbf{x}]_2^2 + [\mathbf{x}]_3^2 - [\mathbf{x}]_1[\mathbf{x}]_2 - [\mathbf{x}]_2[\mathbf{x}]_3 - [\mathbf{x}]_1)$.

Also, $f'_k(\mathbf{x}) = \frac{L}{4}(\mathbf{A}_k \mathbf{x} - \mathbf{e}_1)$, where $\mathbf{e}_1 = (1, 0, \dots, 0)^T$, and

$$\boldsymbol{A}_{k} = \begin{pmatrix} 2 & -1 & 0 & 0 & \cdots & 0 \\ -1 & 2 & -1 & 0 & \cdots & 0 \\ 0 & -1 & 2 & -1 & \cdots & 0 & \mathbf{0}_{k,n-k} \\ \vdots & \ddots & \ddots & \ddots & \ddots & 0 \\ 0 & \cdots & 0 & -1 & 2 & -1 \\ & & \mathbf{0}_{n-k,k} & & & \mathbf{0}_{n-k,n-k} \end{pmatrix}.$$

After some calculations, we can show that $L\mathbf{I} \succeq f_k''(\mathbf{x}) \succeq \mathbf{O}, \quad k = 1, 2, \dots, \lfloor \frac{n-1}{2} \rfloor$, and therefore, $f_k(\mathbf{x}) \in \mathcal{F}_L^{\infty,1}(\mathbb{R}^n)$, for $k = 1, 2, \dots, \lfloor \frac{n-1}{2} \rfloor$.

$$f_k^* := f_k(\overline{x_k}) = \frac{L}{8} \left(-1 + \frac{1}{k+1} \right),$$

$$[\overline{x_k}]_i = \begin{cases} 1 - \frac{i}{k+1}, & i = 1, 2, \dots, k \\ 0, & i = k+1, k+2, \dots, n. \end{cases}$$

Let us take $f(\boldsymbol{x}) := f_{2k+1}(\boldsymbol{x})$, and $\boldsymbol{x}^* := \overline{\boldsymbol{x}_{2k+1}}$.

Note that $\mathbf{x}_k \in \mathbf{x}_0 + \text{Lin}\{f'(\mathbf{x}_0), f'(\mathbf{x}_1), \dots, f'(\mathbf{x}_{k-1})\}$ and $\mathbf{x}_0 = \mathbf{0}$. Moreover, since $f'_k(\mathbf{x}) = \frac{L}{4}(\mathbf{A}_k\mathbf{x} - \mathbf{e}_1)$, $[\mathbf{x}_k]_p = 0$ for p > k. Therefore, $f_p(\mathbf{x}_k) = f_k(\mathbf{x}_k)$ for $p \ge k$.

$$f(\boldsymbol{x}_{k}) - f^{*} = f_{2k+1}(\boldsymbol{x}_{k}) - f_{2k+1}(\overline{\boldsymbol{x}_{2k+1}}) = f_{k}(\boldsymbol{x}_{k}) - \frac{L}{8} \left(-1 + \frac{1}{2k+2} \right)$$

$$\geq f_{k}(\overline{\boldsymbol{x}_{k}}) - \frac{L}{8} \left(-1 + \frac{1}{2k+2} \right) = \frac{L}{8} \left(-1 + \frac{1}{k+1} \right) - \frac{L}{8} \left(-1 + \frac{1}{2k+2} \right)$$

$$= \frac{L}{16(k+1)}.$$

After some calculations [Nesterov03], we obtain

$$\|\boldsymbol{x}_0 - \overline{\boldsymbol{x}_{2k+1}}\|_2 \le \frac{2(k+1)}{3}.$$

Also
$$\|\boldsymbol{x}_k - \boldsymbol{x}^*\|_2^2 = \|\boldsymbol{x}_k - \overline{\boldsymbol{x}_{2k+1}}\|_2^2 \ge \sum_{i=k+1}^{2k+1} \left([\overline{\boldsymbol{x}_{2k+1}}]_i \right)^2$$
.

And then, with more calculations [Nesterov03], we have the results.

If we consider very large problems where we can not afford n number of iterations, the above theorem says that:

- The optimal value can be expected to decrease fast.
- The convergence to the optimal solution can be arbitrarily slow.

7.2 Lower Complexity Bound for the class $\mathcal{S}^{\infty,1}_{\mu,L}(\mathbb{R}^{\infty})$

Gradient Based Method: Iterative method \mathcal{M} generated by a sequence such that

$$x_k \in x_0 + \text{Lin}\{f'(x_0), f'(x_1), \dots, f'(x_{k-1})\}, \quad k \ge 1.$$

Consider the problem class as follows